

Unhealthy Relationships

That's NOT COOL!

- Sending cruel email and texts messages
- Posting embarrassing or altered photos of others
- Spreading Rumors
- Excluding someone from group
- Ganging Up
- Name calling
- Making fun of someone
- Verbal insults
- Threatening to hurt
- Stealing others belongings
- Hitting or Kicking
- Uninvited or unwanted touching in a sexual way
- Betrayal-Sharing someone else's private information with others without their permission
- Infidelity" Horning"



WHO YOU CAN CALL

CHILDLINE
800-4321

FAMILIES IN ACTION
628-2333

DOMESTIC VIOLENCE HOTLINE
800-7283

ASPIRE DOMESTIC VIOLENCE COUNSELLING CLINIC
223-6051

RAPE CRISIS
622-7273/657-5355

LIFE LINE (SUICIDE)
645-2800

REBIRTH HOUSE DRUG REHAB CENTRE
623-0952

ALCOHOLICS ANONYMOUS
623-0939/660-5668



Choice. Family. Life

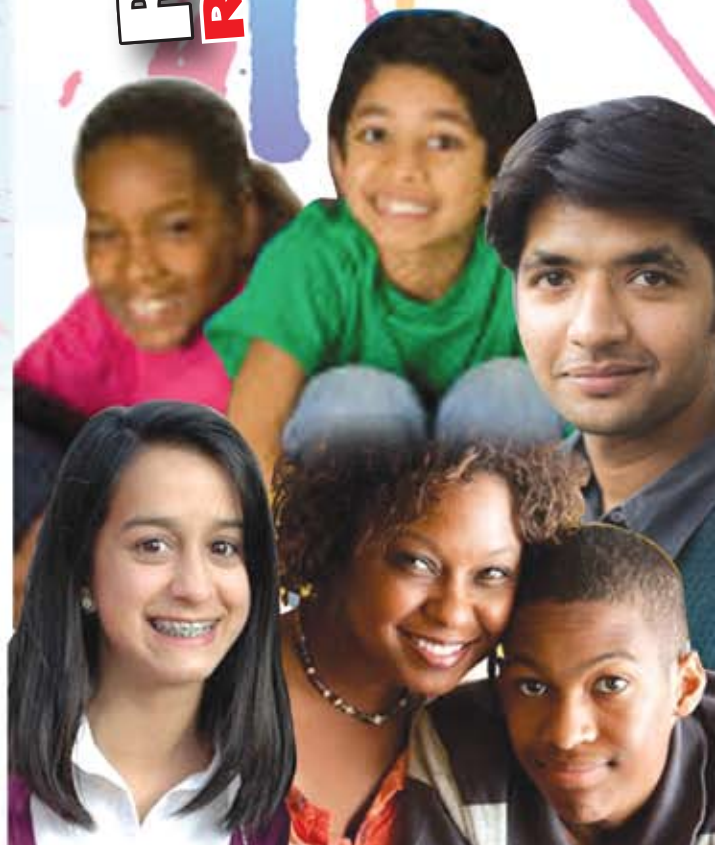
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RESPECTFUL RELATIONSHIPS

It is all ABOUT RESPECT...

Give It! Expect It



Respect...

-Is an important part of healthy relationships, and everyone has the right to be respected.
-Is something that we give to others and to ourselves. For example, it can mean being treated with consideration and esteem, and treating other people in a similar way.
- To show respect also means to have regard for other peoples' feelings and to treat them with dignity.

Treat Others as You Treat Yourself

RESPECT
Give it
EXPECT IT

